



# **NYSPHSAA Fall 2022 Athletic Director Workshop**



- Dr. Robert Zayas, Executive Director
- Todd Nelson, Assistant Director



# Registration

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- QR Code
  - Contact information
  - Registration
  - Code of Conduct



# Code of Conduct

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- When you verify your attendance following the completion of this workshop you will also complete the Code of Conduct for your school.
- School is responsible for:
  - Student/ Coach behavior
  - Medical Release/ Emergency information
  - Consent for use of Photography/ Video

# Workshop Format

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- COVID-19 Update
- Rules & Regulations review
  - Major emphasis on Transfer Rule Changes
- Informational topics
- Verification of attendance



# COVID

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- **No** protocols, restrictions, venue requirements
- Questions/ Concerns:
  - please consult with your local department of health.











# NYSPHSAA/NYSED Rules & Regulations

# NYSPHSAA Handbook




NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION

EDUCATION THROUGH INTERSCHOLASTIC ATHLETICS

SPORTS

CHAMPIONSHIPS

PROGRAMS








ADS & COACHES

FORMS

ABOUT

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Welcome to the New NYSPHSAA.org

August 11

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View Story Archives

Handbook

Become An Official

NFHS Network

COVID-19 Info

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# NYSED Commissioner's Regulations



## NYSED COMMISSIONER'S REGULATIONS

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### NYSED TOOLKIT:

[NYSED Curriculum and Instruction: Physical Education, Athletics and Coaching](#)

- Learning Standards for Health, PE, and Family & Consumer Sciences
- Resources and Guidelines
- Adapted Physical Education
- Athletics and Coaching
  - Guidelines
  - Resources
  - Forms



### ATHLETIC PLACEMENT PROCESS:

- [Athletic Placement Process](#)
- [Athletic Placement Process FAQ](#)

### COACHING CERTIFICATION:

- [Coaching Certification Information](#)

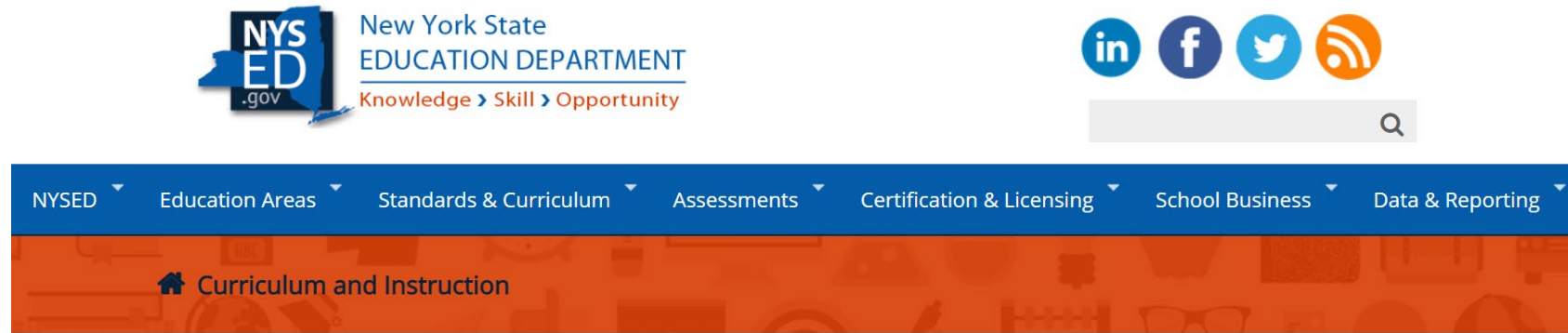
### MIXED COMPETITION:

- [Mixed Competition Standards](#)

### REGULATION 135.4:

- [135.4 Official Compilation of Codes, Rules and Regulations of the State of New York](#)

# NYSED Commissioner's Regulations Continued...



- Physical Education
- Physical Education Learning Standards
- Adaptive Physical Education
- Approved Coaching Courses
- Athletics and Coaching
- Physical Education Frequently Asked Questions
- Physical Education Profile
- Additional Resources
- Awards and Scholarships

## Athletics and Coaching

- **NEW** Coaching Course Guidelines
- NFHS Coaching Course New York State (NYS) Specific Second Pathway Guidelines
- Internship Evaluation Information Form
- Coaching Experience Verification
- Courses Accepted as Meeting the Coaches First Aid and CPR Requirement
- Approved Coaching Courses Information
- Coaching Course Equivalents
- Extension of Time to Meet Coaching Requirements
- Athletic Placement Process for Interschool Athletic Programs
  - APP Frequently Asked Questions (FAQ)
- Guidelines for Sports Standards
- Mixed Competition



# Athletic Placement Process



## A. Physical Fitness Standards

- The previous guidance included separate fitness tests for specific sports and levels of play. Beginning in the fall of 2015, the President's Physical Fitness Test will be the physical fitness standard used in the APP. See: <https://www.presidentschallenge.org/challenge/physical/benchmarks.shtml> To meet the APP physical fitness standards the student must meet the 85th percentile level of the national norm for their age in 4 out of 5 test components (see Appendix E, I, and J in the APP document). For students trying out for swimming, students may choose either the 1 mile walk/run or the 500 yard swim. (See Appendix J).

- Shuttle Run (measures speed and agility) - 2 parallel lines marked 30 feet apart-Student picks up 2 blocks or similar, cross starting line. Times counted in seconds.
- One Mile Run/Walk (Measure heart/lung endurance) -Times are recorded in minutes and seconds.
- Pullups -Option 1 (Measures upper body strength and endurance) Can use either overhand grasp (palms facing away from the body) or (palm facing towards the body). Chin must clear the bar to count as a pullup. Reminder-Smooth motion rather than jerky or swing motion.
- Right Angle Pushups -Option 2 (For upper body strength and endurance) Keeping knees and back straight, lower body until 90-degree angle.



# Athletic Placement Process



## B. Maturity Assessment

- The role of the medical director is essentially the same in the revised process, as the medical director continues to determine the physical maturity of the student. However, in the past Selection Classification Process, the Tanner scores were
- The Tanner scores on (chart H found in the APP document) are no longer required numbers, as was the case in the previous Selection Classification Process but, are now recommended numbers for the APP. Please note: The recommended Tanner scores are based on the average Tanner score of the average aged male or female that typically competes at those levels. Tanner scores are higher for females compared to males at the same levels, which more accurately reflects the earlier ages that females achieve physical maturity.

taking into account the totality of the student's overall physical development when determining whether or not the student is of a comparable or similar level of physical maturity in relation to those they wish to compete with. These changes to the Selection Classification Process were made to lessen, but not eliminate, the chances of injury for a younger student competing with older students who tend to be larger and more physically mature. This change is based on recommendations from multiple physicians and medical professionals.

- The Tanner scores on (chart H found in the APP document) are no longer required numbers, as was the case in the previous Selection Classification Process but, are now recommended numbers for the APP. Please note: The recommended Tanner scores are based on the average Tanner score of the average aged male or female that typically competes at those levels. Tanner scores are higher for females compared to males at the same levels, which more accurately reflects the earlier ages that females achieve physical maturity.

# Coaching Certification



- All NYSPHSAA member schools must abide by NYSED regulations for Coaching Certification
- Includes:
  - Non-Public Schools
  - Volunteer Coaches
  - Assistant Coaches



# Definitions

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## DEFINITIONS

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**ADVISORY COUNCIL:** All school personnel of member schools are considered advisory members. They may make recommendations on athletics to the Executive Committee and serve on committees of the Association. (Constitution, Article II, (4)).

**AGE OF MAJORITY:** Age of majority refers to persons sixteen to eighteen years of age living apart from their parents and financially independent of them. Minors claiming emancipation must have established a residence in which they maintain themselves beyond the support and control of their natural parents.

**ATHLETIC COUNCIL:** The administrative body for each of the sections of the NYSPHSAA, Inc. consisting of representatives from leagues and member schools. (Constitution, Article VI, (2))

**BONA FIDE STUDENT:** A bona fide student is a regularly enrolled boy or girl whose name is on the official attendance register of the secondary school represented and who is in good standing. ([Eligibility Standard #6](#))

**CENTRAL COMMITTEE:** The Central Committee is the legislative body of the NYSPHSAA, Inc. consisting of a chief school officer, a principal, and two athletic representatives elected from each section, and the elected officers and ex-officio members. (Constitution, Article III, (1) (a)).



# Bylaws & Eligibility Standards

# 1. Age and Grade

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- July 1<sup>st</sup>
- Student turns 19 prior to July 1<sup>st</sup> = Ineligible

## 1. AGE AND GRADE:

### Regulation of the Commissioner of Education



A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports.

NOTE: Students may be eligible regardless of age or grade if they have been approved through the State Education Department's Athletic Placement Process.

The 15-year-old below the 9th grade needs only to meet the [Athletic Placement Process](#) maturity standards to be eligible at the high school level. ([Duration of Competition #8](#))

***Reporting Procedure: All violations shall be reported to the League and Section.***



## 2. AMATEUR:

1. A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation.



2. When competing in non-NYSPHSAA sponsored events, an athlete forfeits amateur status in a sport by:

a. Accepting money or other compensation, including gift cards and gift certificates is prohibited (allowable entry fees, travel, meals, and lodging expenses is permitted.) (Feb. 2019)

b. Receiving an award or prize of monetary value which has not been approved by this Association. NOTE: Only awards or prizes having a monetary value of five hundred dollars (\$500) or less per competition will be approved by the Association. When honoring student-athletes for success in NYSPHSAA sponsored championship events, Boards of Education are encouraged to approve limited awards that are appropriate to high school level competition. (May 2019)


c. An athlete forfeits amateur status in a sport by capitalizing on athletic fame by receiving money, compensation, endorsements or gifts of monetary value in affiliation or connection with activities involving the student's school team, school, Section or NYSPHSAA (scholarships to institutions of higher learning are specifically exempted). (Oct. 2021)

1. This provision is not intended to restrict the right of any student to participate in a commercial endorsement provided there is no school team, school, Section or NYSPHSAA affiliation.

2. The student does not appear in the uniform of the student's school and does not utilize the marks, logos, etc. of the school, section, or NYSPHSAA as part of any endorsement.

## Freihofer's Run for Women



To  Robert Zayas

 Reply


 Reply All

 Forward




Sun 6/5/2022 8:41 AM



 If there are problems with how this message is displayed, click here to view it in a web browser.

Happy Sunday!

I had two  runners in the top ten at the race. This means they won \$. It is my understanding that that can now accept that money in NY. Is that correct? Are there limits?

### NEW YORK

**Governing Body:** New York State Public High School Athletic Association

**State NIL Law:** N/A

**Status:** Confirmed Permitted

**Governance:** [NYSPHSAA Rules & Regulations](#)

**Applicable Language:** Section 2 Amateur

**Notes:** On October 20, 2021, the NYSPHSAA Executive Committee took action by approving revisions to the amateur rule, allowing student-athletes to monetize their NIL. Student-athletes will be prohibited from entering into endorsement deals “in affiliation” with their school, Section, or the NYSPHSAA.

Thanks so much



# RETHINK YOUR SPORTS DRINK™

A group of diverse youth athletes, including boys and girls of various ethnicities, are smiling and holding up several bottles of BodyArmor SuperDrink. The bottles are in various flavors, including Fruit Punch and Orange Mango. In the foreground, two large bottles of BodyArmor SuperDrink are prominently displayed, one in Fruit Punch and one in Orange Mango. The background is a bright, slightly blurred outdoor setting.

**BODYARMOR**   
SuperDrink™

 [DRINKBODYARMOR.COM](http://DRINKBODYARMOR.COM)  [FACEBOOK.COM/DRINKBODYARMOR](http://FACEBOOK.COM/DRINKBODYARMOR)





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# 3. Appeal Procedure

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## 3. APPEAL PROCEDURE:

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The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections.

1. The decision of the Athletic Council clearly is contrary to the evidence presented.
2. The facts found by the Athletic Council constitute a violation of the Association's Constitution, standards or rules, or Regulations of the Commissioner of Education, or
3. A procedural error affected the reliability of the information that was utilized to support the finding of the Athletic Council.

# Appeal Filing Fee



d. An aggrieved party shall be one or more-member schools of the NYSPHSAA, Inc., and the notice of appeal shall be signed by the chief school officer of the schools involved. The aggrieved party must notify the Executive Director of the NYSPHSAA, Inc., of its intention to appeal to the Appeal Panel not later than fifteen (15) calendar days from the date the aggrieved party received written decision of the Athletic Council and submit a statement indicating whether the aggrieved party desires to submit its appeal in writing only or whether they desire to make oral argument by either telephone conference call or in person. A filing fee of \$500 (July 2019) must be received from the aggrieved party prior to the appeal hearing. The Executive Director of the NYSPHSAA, Inc., shall notify the parties of the date by which written presentation must be submitted and the date, place and time for any oral arguments.

# Bona Fide Students

## 6. BONA FIDE STUDENTS:

*Regulation of the Commissioner of Education*

[\[NYSED LINK\]](#)



A contestant must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. A foreign exchange student may be considered a bona fide student if all of these eligibility rules are satisfied. A student in an education program in two schools may represent only the home school.

NOTE: A student in shared services, part-time or full-time program, taking the equivalent of four subjects including Physical Education, is considered as being registered in the home school. Exceptions for special cases must be approved by League and Section.

A student who satisfies all eligibility standards, enrolled in the equivalent of three requirements for graduation, may be enrolled in one or more college courses for advance placement. The student must be earning a minimum of three high school credits and Physical Education to be eligible.

For assistance in determining the eligibility of students enrolled in a GED program, please contact the NYSPHSAA office.

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ASK NYSPHSAA [\[CLICK HERE\]](#)

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# Home School / Private School

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- **Home school students** – NOT Bona Fide Students in the district they live.
- **Private school students** – NOT Bona Fide Students in the district they live.
- *“I pay taxes”* = Does NOT constitute being a Bona Fide Student

**Subject:** Eligibility  
**Date:** Thursday, February 25, 2021 3:46:16 PM

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Dear Dr. Zayas:

Hope this email finds you and your staff healthy and safe during these surreal times. I am so sorry to bother you but would greatly appreciate your

Subject: School sports

Good morning I was wondering if you could answer a question for me. My son attends a private school that does not offer sport, Can my child try out for sports at the district I reside, and pay school taxes in?

Sent from my iPhone

*Can my child play on the local school district varsity soccer team, as the private religious school where he attends does not have a Varsity Soccer team?*

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**From:** [JD](#)  
**To:** [Robert Zayas](#)  
**Subject:** Eligibility Question  
**Date:** Monday, March 28, 2022 3:54:32 PM

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Can a private school student participate in sports at their home district public school if the private school does not offer the sport?  
Regards,



# Combining of Teams – Graduated Scale



The school(s) with the higher(est) classification number will have a percentage of the other school(s) classification number added according to the graduated scale below.

The percentage is dependent upon the association's "Sport Specific classification cut-off numbers" (July 2018)

**Five Classes** (100%, 100%, 100%, 40%, 30%)

**Four Classes** (100%, 100%, 40%, 30%)

**Three Classes** (100%, 40%, 30%)

**Two Divisions** (100%, 40%)

The graduated scale is used for up to 3 "team" mergers and mergers with 4 or more "teams" take 100% of their BEDS; ONLY in team sports. (July 2017)

NOTE: If two or more schools are located within the same physical building, 100% of their BEDS will be used if they are following the Combining of Teams process. (Feb. 2019)



# 7. College



## 7. COLLEGE:

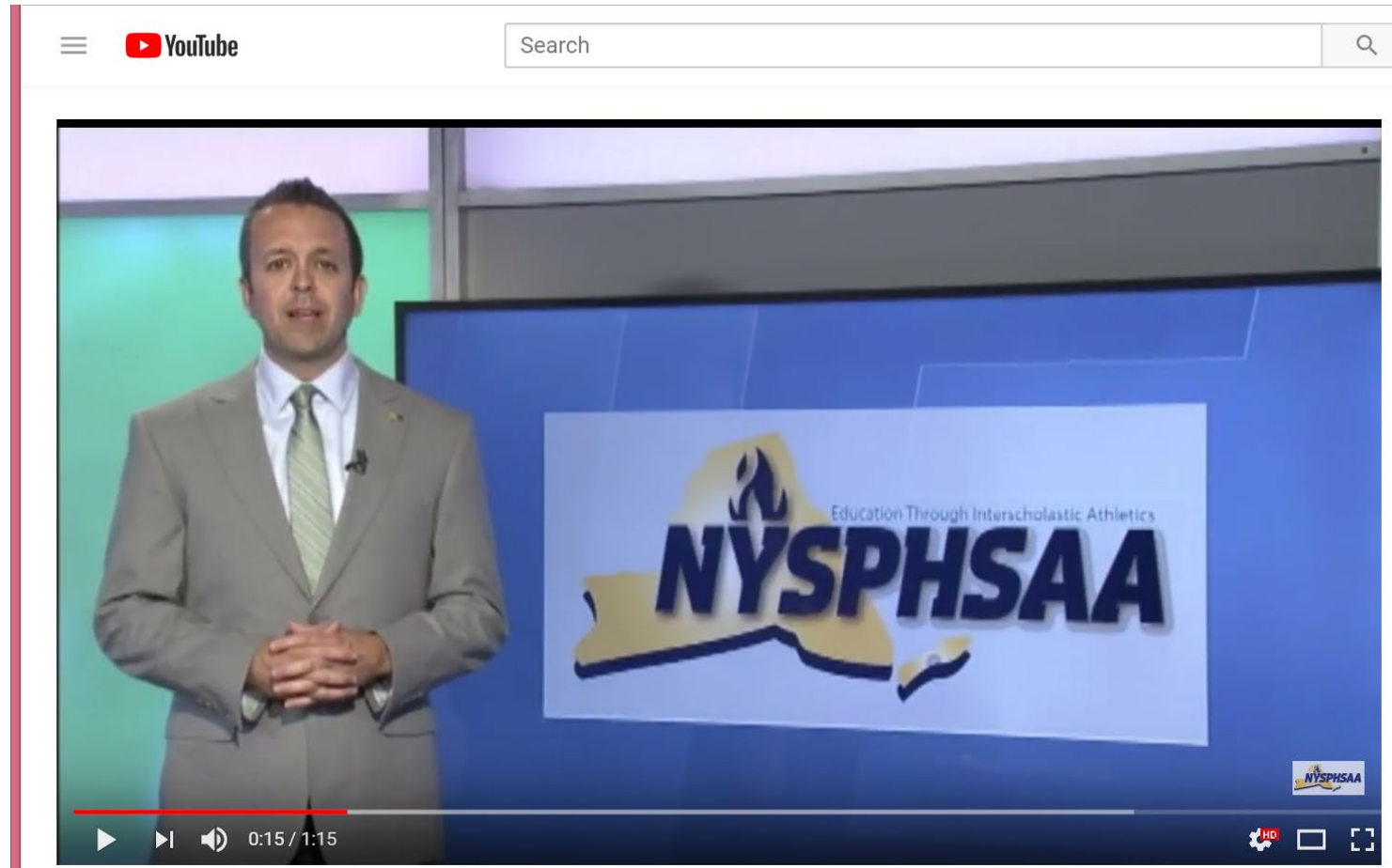
A student is no longer eligible to represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season. Prior to completion, the NYSPHSAA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an "unattached" individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without violating the [College Rule](#). (Jan. 2012).

***Reporting Procedure: All violations shall be reported to the League and Section.***

[\[COLLEGE RULE VIDEO INTERPRETATION\]](#)



# Foreign Exchange, College Rule, Representation Rule, Duration of Competition & the Bona Fide Student Regulation



## 8. Duration of Competition (NYSED)

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- Regardless of participation
- Consecutive Semesters
  - 7<sup>th</sup> graders = 6 consecutive years
  - 8<sup>th</sup> graders = 5 consecutive years
  - 9<sup>th</sup> graders = 4 consecutive years

# Extension of Eligibility

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- 5<sup>th</sup> year of eligibility
- Student “missed” a semester of eligibility as a result of an illness or accident, or social/ emotional condition **AND** has led to needing additional semesters to graduate.
- COVID – no impact!



# Extension of Eligibility Questions

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- What semester of eligibility did the student miss?
- What was the student's illness, accident, or social/ emotional condition which is requiring additional semesters to graduate?
- When will the student turn 19?
  - Prior to July 1<sup>st</sup>?

## 9. Foreign Exchange/International Student

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- Three categories of foreign students:
  - 1) Foreign Exchange students in a CSIET program
  - 2) Foreign Exchange students not in a CSIET program
  - 3) International Students

# Foreign Exchange/International Student

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## 1) Foreign Exchange students in a CSIET program

- Receive One-year waiver of transfer rule

## 2) Foreign Exchange students not in a CSIET program

- Ineligible in any sports they participated the year prior to arriving at your school (higher or equal level) TRANSFER RULE

## 3) International Students

- Ineligible in any sports they participated the year prior to arriving at your school (higher or equal level) TRANSFER RULE

# 10. Health Examination

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- **Required** NYSED form

## 10. HEALTH EXAMINATION:

*Regulation of the Commissioner of Education:*

[\[NYSED LINK\]](#)



A student who may engage in interschool competition shall receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer. NOTE: Physicals

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ASK NYSPHSAA [\[CLICK HERE\]](#)

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# 15. Mixed Competition

## 15. MIXED COMPETITION:

*Regulation of the Commissioner of Education:*

[\[NYSED LINK\]](#)



Male and female pupils on interschool athletic teams. [See Commissioner Regulation.](#)

- a. Equal opportunity to participate in interschool competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinafter provided. In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in accordance with the provision of sub clauses (b) and (d) of this clause. For the purpose of this clause, baseball and softball shall be considered to constitute a single sport.
- b. In the sports of baseball, basketball, boxing, field hockey, football, ice hockey, lacrosse, rugby, soccer, softball, speedball, team handball, power volleyball where the height of the net is set at less than eight feet, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of the school physician, a physical education teacher designated by the principal of the school and if requested by the parents of the pupil, a physician selected by such parents. Such panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.
- c. Where a school provides separate competition for male and female pupils in interschool athletic competition in a specific sport, the superintendent of schools, or in the case of a nonpublic school or school system which elects to be governed by this clause, the chief executive officer of the school or school system, may permit a female or females to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.

# Mixed Competition

Can a boy play on the girls soccer team if we offer both boys and girls soccer?

What does a female need to do in order to participate on the boys lacrosse team? We do not offer girls lacrosse.

## GUIDE TO MIXED COMPETITION APPROVAL FOR INTERSCHOLASTIC ATHLETICS

### REGULATIONS OF THE COMMISSIONER OF EDUCATION SECTION 135.4(c)(7)(ii)(c)

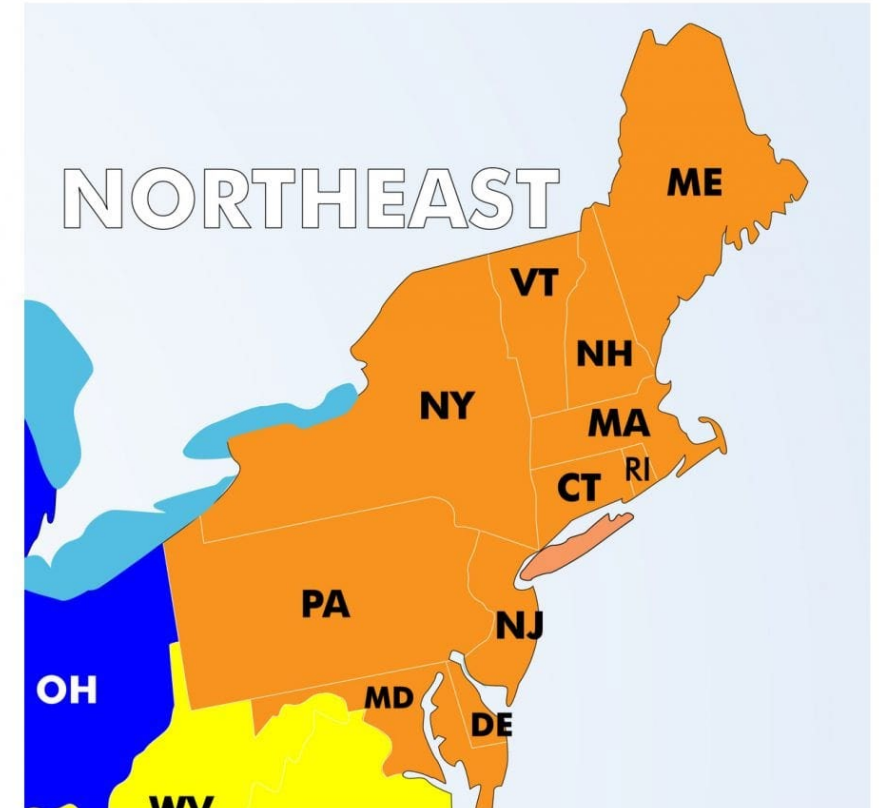
	TEAMS PROVIDED IN A SPORT		
1. PANEL APPROVED SPORTS *	ONE TEAM FOR MALES	ONE TEAM FOR FEMALES	MALE & FEMALE TEAMS
a) Males on a female team	(Not applicable)	With approval of Supt. or Chief School Officer, Review Panel and Section.	Not Permitted
		Subclause (2) & (4)	Subclause (3)
b) Females on a male team	With approval of the Review Panel	(Not applicable)	With approval of Superintendent or Chief School Officer and Review Panel.**
	Subclause (2)		Subclause (2) and (3)
2. ALL OTHER SPORTS	ONE TEAM FOR MALES	ONE TEAM FOR FEMALES	MALE & FEMALE TEAMS
a) Male on a female team	(Not applicable)	With approval of Supt. or Chief School Officer and Section. Subclause (4)	Not Permitted
			Subclause (3)
b) Female on a male team	No approval required  Permitted under Subclauses (1), (3) and (4)	(Not applicable)	With approval of Superintendent or Chief School Officer  Subclause (3)

\* Baseball/Softball, Basketball, Boxing, Field Hockey, Football, Ice Hockey, Lacrosse, Rugby, Soccer, Speedball, Team Handball, Power Volleyball (net height less than 8 feet) and Wrestling.

\*\*This order of approvals is recommended so as to avoid the unnecessary formation of a review panel in cases where the superintendent or chief school officer does not wish to approve the student for mixed competition.

# Interstate Contests

- Travel out of state
  - Submit notice of entry on NYSPHSAA website
- Hosting out of state teams
  - Bordering states sanctioning form
  - NFHS online sanctioning form
- Individual contests
  - School must be a member/ approved by State Association
  - No paper needed



# 18. Outside Agencies

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## 18. OUTSIDE AGENCIES:

Cooperation is permitted with any organization, college, or university, which may offer encouragement and/or the use of facilities for competition. An application form must be submitted to the Section Athletic Council prior to the planning of a contest. Approval may be given if these conditions are satisfied:

1. A school, league, Section or the Association must cosponsor the activity.
2. Secondary school personnel shall be responsible for planning and for conducting the activity.
3. The contest shall be developed with due regard for health and safety standards as set forth by the Commissioner's Regulations, and policies and standards of the NYSPHSAA, Inc.
4. Insurance shall be provided which will protect the participants in case of injury and the organization or institution against liability.
5. The philosophy and standards which are to be followed shall be consistent with those listed in the NYSPHSAA, Inc., HANDBOOK.
6. Financial arrangements are to be clearly specified in the application for approval.

# 19. Penalties

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## 19. PENALTIES:

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a. If a school uses an ineligible student in any interscholastic contest, such contest shall be forfeited to the opposing schools. In individual sports, the use of an ineligible player would result in the contest being forfeited, however, the performances and outcomes of the other individuals would stand.

# Maximum Number of Games

- Teams are limited to a maximum number of games.

c. If an individual or team exceeds the maximum number of contests permitted, the penalty is team ineligibility from the date of violation for the rest of the season. In the sports of wrestling, cross country, indoor track & outdoor track, swimming & diving, and bowling, when an individual exceeds the maximum number of contests, only the individual would no longer be eligible for that season. When an athlete exceeds the maximum number of contests the level in which the student-athlete participated as an ineligible competitor will be affected.

Any member school that has exceeded the maximum number of contests has the option to utilize the existing penalty outlined above (c) or may elect to suspend the head coach from all team related functions and activities (including, but not limited to, practices, scrimmages, conditioning/weight training, film sessions, and games) from the date of the violation for the remainder of the season and forfeit additional contests. The use of this option must be submitted to the Section Executive Director and State Executive Director in writing from the Superintendent of Schools or Headmaster self-reporting the violation prior to the next game/ contest being played. (07-29-20)



## 22. Practice Sessions

b. No student or team may be permitted to participate in school organized practice or play on **seven consecutive days** during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited.

NOTE: Any contests leading up to Sectional play is considered “regular season.”


**Only one practice session a day** and only six days of a calendar week may be counted toward the total practice sessions required. A **practice session conducted on the same day as a game** cannot be counted to meet the minimum practice requirement to be eligible for that day’s contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall **include vigorous activity specific to the sport for the purpose of improving the physical condition of the players.** Warm-ups prior to a game/ contest are not considered “practice.” Each of the required number of practices for an individual must include vigorous activity; however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities.

NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.

# Standard Practice Requirements

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- Standardized practice requirements for all sports and levels.
  - *Varsity* → *Modified* 
- 6 practices to represent your school; 10 in football, gymnastics, wrestling & baseball.

# Practice Sessions

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c. School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted:

1. if such programs are not mandated by coaches or school personnel;
2. if such programs are available to all students.

e. Upon returning from military training, student-athletes shall be eligible for participation in interscholastic athletics once they have completed the required number of practices. Eligibility for participation will also include meeting all eligibility requirements imposed by the Commissioner of Education and NYSPHSAA such as, but not limited to, health examination, age, grade, etc.

g. Games and practice between students and adults (alumni or faculty) are not approved.

## 26. Representation



**Team Sports:** For the sports of baseball, basketball, field hockey, ice hockey, lacrosse, soccer, softball and volleyball an individual is eligible for the team if he/she has been an eligible participant on a team in that sport in that school for a minimum of six (6) scheduled contests during the regular season. For football, a student must be an eligible participant for a minimum of three (3) contests. For Competitive Cheerleading, a student must be an eligible participant for a minimum of two (2) competitions.


**Team/Individual and Individual Sports:** For the sports of archery, badminton, bowling, cross country, fencing, golf, gymnastics, rifle, skiing, swimming, tennis, outdoor track, winter track and wrestling an individual must also have represented their school in six (6) scheduled contests during the season to be eligible. These required contests must occur on six (6) different dates and must be conducted prior to the conclusion of the team's regular schedule. See "NOTE" below.

# Representation



**NOTE:** Teams organized for one gender may only practice and compete against teams of that same gender. Furthermore, once an individual competes on a team for one gender during the regular season, he/she may not compete for or against a team organized for the other gender during that regular season.

**NOTE:** for individual, individual/ team sports, when a school district does not have a team designated for each singular gender, the Section Executive Director may grant a waiver of the Representation Standard for Sectional Competition when a student has met the qualification for participation in the current school year's NYSPHSAA Championship event. The waiver request must be submitted to the Section Executive Director before the start of Sectional Competition. The athlete must meet all eligibility standards, to receive the waiver.

 **Example:** allows girls to play golf on boys team during the regular season and play in girls Sectional tournament.



# Representation

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**NOTE:** For all individual sports, a girl may participate during the regular season as member of the boys team via mixed competition and also compete in tournaments organized specifically for girls, as long as she does not exceed the maximum number of contests during the regular season. (Feb. 2019)

**Example:** allows girls to play golf on boys team during the regular season and play in girls ONLY regular season tournaments/matches

# 28. Sportsmanship



## **Any coach:**

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

# 28. Sportsmanship



## **b. Player:**

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, including taunting, or for a flagrant foul shall not participate in that sport, until after the next previously scheduled contest at the same level with a member school or in NYSPHSAA tournament play. (07-29-20) In individual sports, a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation. ([See definitions section](#))

## **Any Player:**

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;

2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and

3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play,) the Section Athletic Council will assess the penalty carrying over into the next season of participation.

4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.

# Sportsmanship Proposal - Spectators

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- **ACTION** Items at October 19<sup>th</sup> NYSPHSAA Executive Committee meeting.
- Development of regulation to address negative behavior of spectators.
- Development of Spectator Expectation Statement.

# 31. Transfer Rule

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- Transfers begin with a “change in registration”
  - No Change in registration = no transfer
- **With** a corresponding change of address.  
AND
- **Without** a corresponding change of address.



# Corresponding Change of Address



- When a student changes registration, with a “corresponding” change of address the student is ELIGIBLE.

## 31. TRANSFER:

[\[Foreign Exchange/International #9\]](#)

NOTE: The Transfer Rule will be enforced as written with no variations permitted.

NOTE: A student's eligibility is determined by the situation/ facts at the time of registration.

a. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from public school district to another public-school district for athletic eligibility the student must enroll in the public-school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.

# Non-Corresponding Change of Address



b. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate **at the varsity level** in any interscholastic athletic contest in a particular sport for a period of one (1) year **if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer.** **NOTE:** Students in grades 7-10, shall be eligible to participate at the sub-varsity level and practice at all levels, while students in grades 11-12 shall be limited to practice (all levels) only. (July 2019). At no time during the one-year period of ineligibility at the varsity level should a student participate in a scrimmage or be an exhibition participant at the varsity level.

# Non-Corresponding Change of Address

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- Changing registration without a change of address
  - Ineligible **at the varsity level** for one year from the date of registration.
    - Grades 7-10 = sub-varsity eligibility & practice
    - Grades 11-12 = practice only
- Waivers & Exemptions

# Transfer Rule Question

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- Question:
  - “A student turned 19 in late June. I know he is not eligible as per the NYSED Age regulation, but can he practice with the varsity team?”
- Answer:
  - No; the ability to practice is only granted for students who transfer without a corresponding change of address.

# Transfer Rule Question

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- Question:
  - “A 11<sup>th</sup> grade student moved in with her aunt into our school district; her parents remained in the previous school district. She was the leading scorer on her basketball team last year that won State. Is she eligible to play basketball?”
- Answer:
  - No; she is only able to practice; sub-varsity eligibility is limited to 7-10 grade students who transfer without a corresponding change of address.



# Transfer Rule Question

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- Question:
  - “We had a student who transferred without a corresponding change of address at the start of the school year. Unfortunately, my varsity softball coach did not know she was ineligible at the varsity level and because of a shortage of players, the student played in 15 varsity games. Is there a penalty?”
- Answer:
  - Yes; this student is considered an ineligible athlete and all games she played in at the varsity level must be forfeited.

# Transfer Waivers



- Transfers **without** a corresponding change of address:
  - Any type of Hardship including but not limited to:
    - Health & Safety
    - Financial
  - Other:
    - District of Residency



# District of Residency Waiver

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- Students who return from any school to the public school of the residence of his/her parents (or other persons with whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver of the transfer rule. Such transfer without penalty will only be permitted **once** in a high school career.
- Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

# Transfer Rule

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- Superintendents approve students to attend school; Superintendents DO NOT declare athletic eligibility.
- Example:
  - Student moves with mom who rents an apartment in school district. Dad and sister remain at previous home/ school district.
    - = Student is ineligible without a waiver/ exemption

# Transfer Exemptions

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- 1. Age of majority; can substantiate they are independent and self-supporting.
- 2. If a private or parochial school ceases to operate
- 3. A student who is a ward of the court or state; Guardianship does not fulfill this requirement.
- 4. Divorced or “legally” separated parents.
- 5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
- 6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.



# 32. Transgender Guidelines



## **Procedure:**

1. The student or the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.
2. The student's home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student's gender identity does not correspond to his/her sex assigned at birth.
3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.
4. On a seasonal basis the school will provide approval of eligibility to try out for an interscholastic sports team or teams which corresponds to the student's gender identity.
5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

## **Appeals:**

All appeals with respect to a District's determination as to eligibility of a transgender student to participate in interscholastic sports will go directly to the Commissioner of Education.

# Transgender Student-Athletes

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- Current NYSPHSAA guidelines essentially allow the school to determine the most appropriate team placement in the best interests of the student.
- Recommend NOT using mixed competition.



# High School Sports Standards

## JEWELRY RULE:

NYSPHSAA will abide by the national governing body jewelry rule (i.e., NFHS, NCAA, USA Softball, USTA, USAG, etc.) followed by NYSPHSAA. (July 2022)

Hair adornments, including beads, may be worn provided they are secured and do not present a safety hazard to the player, teammates, or opponent(s). (May 2022)

### Jewelry Permitted:

- Cross country (*NFHS*)
- Volleyball (*NCAA* - stud earrings)
- Swimming & Diving (*NFHS*)
- Indoor/ Outdoor Track & Field (*NFHS*)
- Gymnastics (*USAG* – stud earrings)
- Tennis (*USTA*)
- Baseball (*NFHS*)
- Softball (*USA Softball*)



# Religious Head coverings/ Hair Adornments





# Drone Policy



## DRONE POLICY:

Approved May 5, 2017 (Executive Committee)

The New York State Public High School Athletic Association prohibits the use or possession of unmanned aircraft or aerial systems (UAS), also known as drones, for any purpose by any person or entity at all scrimmages, regular season and post season events.

This prohibition applies to the area above and upon all spectator areas, fields of play, courts, arenas, stadiums, mats, gymnasiums, pools, practice facilities, parking areas and or other property being utilized for the purpose of the interscholastic activity.

If there is a report of UAS activity at an athletic event school, Section and/or State Association officials will, in consultation with the sports officials, suspend the play until such time as the UAS is removed from the area as defined above or the school, Section/ State and sports officials determine it is safe to proceed.

For purposes of this policy, a UAS is any unmanned airborne device or aircraft. The NYSPHSAA, Section and/or Member School reserves the right to refuse admission to anyone operating or attempting to operate a UAS or to request the immediate removal of any person using or attempting to use a UAS in violation of this policy.

The NYSPHSAA Executive Director has the authority to grant an exception to this policy to law enforcement, public safety agencies, NYSPHSAA media partners, or other entities or individuals. Any request for an exception to the policy must be submitted to the Executive Director at least a week prior to the event. The exception is limited to the specific event requested and requires the consent of the host venue.



# Modified Athletics

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- Age rule
  - Upon entry into 7<sup>th</sup> grade
  - Ineligible if 16 years old
  - Age, grade, geography, ability
- Practice Sessions
  - Maximum of 2 hours; at least 45 minutes
  - No 7 consecutive days
  - Vigorous activity
- Promotion Rule
- Start dates
  - Same as high school
- Transfer Rule
  - 7<sup>th</sup> & 8<sup>th</sup> graders who compete at high school level are subject to transfer rule

# Modified Sports – Extended Playing Time

SPORT	TIME LIMIT			MINIMUM # OF PLAYERS
	Regulation Game	5 Period Play	4 Quarter Extended Play	
BASKETBALL	7 minute quarters	7 minute quarters	9 minute quarters (quarter 1-8 min)	7
FIELD HOCKEY	25 minute halves	12 minute periods	15 minute quarters	15
FOOTBALL	10 minute	10 minute quarters	12 minute quarters	19
BOYS LACROSSE	9 minute quarters	9 minute quarters	11 minute quarters	14
GIRLS LACROSSE	25 minute halves	12 minute periods	15 minute quarters	16
SOCCER	15 minute quarters	15 minute periods	18 minute quarters	15
Volleyball	3 out of 5 game matches	5 games	6 games with a max of 20 pts per game	12

# Modified Sports - Promotion

**13. PROMOTION:** A contestant in grades 7, 8, and 9 who practices or competes with or against a freshman, junior varsity or varsity performer shall not return to the modified athletic program in that same season in that same sport. Contestants shall not be promoted to a higher classification within the modified program or to a junior varsity or varsity team after completion of fifty percent of their modified schedule.

NOTE: EXCEPTIONS:

a) General Eligibility Rule #17 "TRYOUTS."

b) In school where no junior varsity program is provided in a specific sport, a ninth grade modified contestant may be promoted to the varsity team at any point in the season if He/she displays the skills and maturity to compete at the varsity level. A promoted 9th grade contestant is eligible to participate immediately upon promotion providing that he/she has completed the necessary number of required practices for that specific sport. The contestant may not exceed the total number of contests as outlined in the [High School Sport Standards Chart](#).

# Modified Sports - Promotion

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- c) In a section whose “early winter” season ends in mid-winter, followed by the “late winter” season, the modified ninth grader could not be elevated to the varsity for post schedule contests in a sport played in the “early winter” modified season.
- d) Promotion Regulation shall be waived for Boys’ and Girls’ Swimming & Diving and Boys’ and Girls’ Outdoor Track and Field permitting schools with section approval the option of running combined modified and varsity swimming and diving meets, alternating events.
- e) The NYSPHSAA Executive Director may grant a waiver of the promotion rule if a High School team is dropped by the school district.

# Modified Sports - Tryouts

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- c. Ninth grade students do not have to pass the APP qualification to participate in the tryout.
- d. The tryout period for a modified athlete shall be defined as participation in three (3) of the first five (5) practice days of the high school season. During the tryout period, the modified athlete may not return to modified program until the athlete's tryout is complete.
- e. Tryout periods for wrestling, boy's lacrosse and ice hockey shall be a maximum of five (5) Of the first seven (7) practice days of the high school season.
- f. The tryout period for football shall be a maximum of eight (8) of the first ten (10) days of the high school season.
- g. Student athletes participating in sectional approved tryout sessions are not subject to the Promotion rule.
- h. In cases involving new transfer students, overlapping season, and/or medical conditions the student's try-out period will be 3 out of 5 days, 5 out of 7 days, or 8 out of 10 days of the high school season depending on the sport.



# NYSPHSAA Programs & Other Information



# NYSPHSAA Scholar-Athlete

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- **DIGITAL CERTIFICATES**

- **DEADLINES**

- Fall – Monday, Week #23 (December 5, 2022)
- Winter – Monday, Week #37 (March 13, 2023)
- Spring – Tuesday, Week #47 (May 22, 2023)



# School of Distinction/Excellence



## School of Distinction

**100%** of varsity athletic programs qualified for and received Scholar-Athlete Team Award

## School of Excellence

**75%** of varsity athletic programs qualified for and received the Scholar-Athlete Team Award

**Application Required: Deadline JUNE 30<sup>th</sup>**

\*Application available on the Scholar-Athlete website  
AFTER Spring Scholar-Athlete Deadline.

*Qualified is interpreted to mean teams having met the deadline date to apply as set for each sports season. Schools must also meet the deadline for the School of Distinction and School of Excellence application.*

# Hall of Fame Nominations

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- NYSPHSAA Hall of Fame is organized as a means of recognizing, preserving, and promoting the heritage of interscholastic sports in New York State.
- Nominations due by **January 29, 2023**
- Application on NYSPHSAA website



# NYSPHSAA Participation Survey



- Distributed in late March/early April
- Due by the end of May
- Important information for NYSPHSAA, sport committees, NFHS, championships, etc.
- Use High School BUILDING BEDS CODE to access (same as Scholar-Athlete)

**MANDATORY**

# Participation Opportunities



# Championship Media



- Media credential window now open
  - Bona fide media should apply at [nysphsaa.org](https://nysphsaa.org) (TV/Radio/Print, etc.)
  - Refer your local media outlets to [nysphsaa.org](https://nysphsaa.org) to apply
- These credentials are NOT FOR TEAM/SCHOOL PHOTOGRAPHERS
  - Team/School photographers should contact Chris Watson at [cwatson@nysphsaa.org](mailto:cwatson@nysphsaa.org) to request a temporary credential the week of the event
  - Schools are permitted one videographer and one photographer for a team event.



# State Records





**Sport Record Reporting Form**

A records database for all sports conducted by the NYSPHSAA has been compiled and is held in the NYSPHSAA office. It has been updated with input from state and section sport coordinators, athletic directors, and coaches. New records must be accompanied by supporting documentation such as a news clipping, box score, or copy of the scorebook. If supporting information is not available, please indicate in the appropriate area below. New records or corrections may be submitted to Chris Watson, NYSPHSAA Director of Communications, at [cwatson@nysphsaa.org](mailto:cwatson@nysphsaa.org).

**RECORD HOLDER:**  
Sport:  Athlete/Coach/Team Name:   
Athlete/Coach/Team School:   
Record Category:   
ex. Career Points, Single Game Goals, Event - 1600m relay, Coaching Wins, etc.  
Record:  Date(s) Accomplished:  Still Active (Y/N):   
Was the record set at a NYSPHSAA State Championship event? (Y/N):   
Supporting Documents Attached (Y/N):   
If no supporting documents, explain:   
  
  
Comments/Additional Information:

**RECORD SUBMITTER:**  
Name:  Email:  Phone:

**SIGNATURES:**  
Coach:    
Print Name Signature  
Athletic Director:    
Print Name Signature

updated Sept '20

Questions? Contact Chris Watson at 518-690-0771 or [cwatson@nysphsaa.org](mailto:cwatson@nysphsaa.org)

- Please submit state records to Chris Watson to post on NYSPHSAA.org
- This should be the official site for state records and NYSPHSAA Championship event records
- Encourage your coaches to check the record books for updates, omissions or information that needs to be added
- This is the information that is used in the digital program
- So having it up to date and accurate here ensures the program is correct as well
- Record reporting form can be found on sports landing pages under record book

# Community Service Challenge



NYSPHSAA partnered with Team Up 4 Community to provide a FREE platform for students, coaches, teams, administrators, and schools to apply for the NYSPHSAA Community Service Challenge. A challenge will take place each sports season. The NYSPHSAA SAAC will determine a winner after each season's submission deadline. Submissions for fall are now open – go to [www.nysphsaa.org](http://www.nysphsaa.org) for more information!

## **Deadline Dates:**

<i>Fall</i>	<i>Monday of Week #19-</i>	<i>November 7, 2022</i>
<i>Winter</i>	<i>Monday of Week #36-</i>	<i>March 6, 2023</i>
<i>Spring</i>	<i>Monday of Week #49-</i>	<i>June 5, 2023</i>



# Student-Athlete Advisory Committee



- Each Section has two representatives
- Application based process
- Student voice



# Governor's Traffic Safety Committee



- Motor vehicle crashes are a leading cause of death for teens.
- Teachers and coaches can be a significant influence on teen decision making.
- Teen driving safety resources and programs are available at no cost to NYSPHSAA schools through a grant with NYS GTSC.
  - Posters, classroom materials, guest advocacy speakers, and more
  - Events can be adapted for small class or general assembly
  - Available in-person or virtual
- For more information, contact NY SADD:
  - Lauren Zimmerman-Meade, NY SADD: [lmeade@sadd.org](mailto:lmeade@sadd.org); 518-749-0060
  - Chris Joyce, NYSPHSAA: [cjoyce@nysphsaa.org](mailto:cjoyce@nysphsaa.org); 518-690-0771





# Hazing Prevention



- *Hazing Prevention: It's Everyone's Responsibility* is available to all NYSPHSAA schools, free of charge.
  - The training kit includes a Facilitator's Guide, multimedia presentation and a certificate of completion. Available on [nysphsaa.org](http://nysphsaa.org).
- NYSPHSAA schools will receive a 25% Discount on the individual course for students, **Hazing Prevention 101™ High School Online Course with the special code **prevent-106-25****



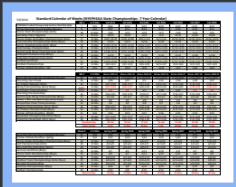
# NFHS Rule Books

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- All Rule Books are available for purchase on our website:  
[www.nysphsaasales.org](http://www.nysphsaasales.org)
- Orders placed online DO NOT require prepayment. Simply choose member order, put School Name & PO number in the special instructions box and your books will be packed and invoice sent.
- We are now offering digital books through the NFHS Rules App. Simply purchase the digital license and access from your mobile device!
- Deadline for Fall book orders, including Football, is October 15<sup>th</sup>!





1

7/6/2022

## Standard Calendar of Weeks (NYSPHSAA State Championships- 7 Year Calendar)

	Wk #	# of Wks	Fall 2022	Fall 2023	Fall 2024	Fall 2025	Fall 2026	Fall 2027	Fall 2028
NYSPHSAA Football Championship Sections Start Date (Sat)	7	N/A	8/20	8/19	8/24	8/23	8/22	8/21	8/19
Fall Start Date High School & Modified (Monday)	8	N/A	8/22	8/21	8/26	8/25	8/24	8/23	8/21
Tennis Team Championships (Girls)	18	11 Wks.	11/4	11/3	11/8	11/7	11/6	11/5	11/3
GameDay Cheer Regional	17	10 Wks.	10/29	10/28	11/2	11/3	10/31	10/30	10/28
Tennis Singles & Doubles Championships (Girls)	17	10 Wks.	10/27-10/29	10/26-10/28	10/31-11/2	11/1-11/3	10/29-10/31	10/28-10/30	10/26-10/28
Cross Country Championships (Girls/ Boys)	19	12 Wks.	11/12	11/11	11/16	11/15	11/14	11/13	11/11
Soccer Championships (Girls/ Boys)	19	12 Wks.	11/12-11/13	11/11-11/12	11/16-11/17	11/15-11/16	11/14-11/15	11/13-11/14	11/11-11/12
Field Hockey Championships	19	12 Wks.	11/12-11/13	11/11-11/12	11/16-11/17	11/15-11/16	11/14-11/15	11/13-11/14	11/11-11/12
Swimming & Diving Championships (Girls)	20	13 Wks.	11/18-11/19	11/17-11/18	11/22-11/23	11/21-11/22	11/20-11/21	11/19-11/20	11/17-11/18
Volleyball Championships (Boys)	20	13 Wks.	11/19	11/18	11/23	11/22	11/21	11/20	11/18
Volleyball Championships (Girls)	20	13 Wks.	11/19-11/20	11/18-11/19	11/23-11/24	11/22-11/23	11/21-11/22	11/20-11/21	11/18-11/19
Football Semifinals	21	14 Wks.	11/25-11/26	11/24-11/26	11/29-11/30	11/28-11/29	11/27-11/28	11/26-11/27	11/24-11/25
Football Championships	22	15 Wks.	12/2-12/4	12/1-12/3	12/6-12/8	12/5-12/7	12/4-12/6	12/3-12/5	12/1-12/3
Scholar-Athlete Deadline- Fall	23	N/A	12/5	12/4	12/9	12/8	12/7	12/6	12/4

	Wk #	# of Wks	Winter 2022-23	Winter 2023-24	Winter 2024-25	Winter 2025-26	Winter 2026-27	Winter 2027-28	Winter 2028-29
Winter Start Date High School & Modified (Monday)	20	N/A	11/14/2022	11/13/2023	11/18/2024	11/17/2025	11/16/2026	11/15/2027	11/13/2023
Wrestling Team Duals	30	11 Wks.	1/28	1/27	2/1	1/31	1/30	1/29	1/27
Ice Hockey Regional (Girls)	32	13 Wks.	2/17-2/18	2/16-2/17	2/21-2/22	2/20-2/21	2/19-2/20	2/18-2/19	2/16-2/17
Skiing Championships (Girls/ Boys)	34/35	15 Wks.	2/27-2/28	2/26-2/27	2/24-2/25	2/23-2/24	2/22-2/23	2/28-2/29	2/26-2/27
Gymnastics Championships	34/35	15 Wks.	3/4	3/2	3/1	2/28	2/27	3/4	3/3
Wrestling Championships	34	15 Wks.	2/24-2/25	2/23-2/24	2/28-3/1	2/27-2/28	2/26-2/27	2/25-2/26	2/23-2/24
Swimming & Diving Championships (Boys)	35	16 Wks.	3/3-3/4	3/1-3/2	3/7-3/8	3/6-3/7	3/5-3/6	3/4-3/5	3/2-3/2
Indoor Track Championships (Girls/ Boys)	35	16 Wks.	3/4	3/2	3/8	3/7	3/6	3/4	3/3
Competitive Cheer Championships	35	16 Wks.	3/4	3/2	3/8	3/7	3/6	3/4	3/3
Bowling Championships (Girls/ Boys)	36	17 Wks.	3/10-3/12	3/8-3/10	3/14-3/16	3/13-3/15	3/12-3/14	3/10-3/12	3/9-3/11
Ice Hockey Championships (Boys)	36	17 Wks.	3/11-3/12	3/9-3/10	3/15-3/16	3/14-3/15	3/13-3/14	3/11-3/12	3/10-3/11
Scholar-Athlete Deadline- Winter	37	N/A	3/13	3/11	3/17	3/16	3/15	3/13	3/12
Basketball Championships (Girls/ Boys)	37	18 Wks.	3/17-3/19	3/15-3/17	3/21-3/23	3/20-3/22	3/19-3/21	3/17-3/19	3/16-3/18
Federation Basketball (Girls/ Boys)	38	19 Wks.	3/24-3/26	3/22-3/24	3/28-3/30	3/27-3/29	3/26-3/28	3/24-3/26	3/23-3/25
Presidents Day			20-Feb	19-Feb	17-Feb	16-Feb	15-Feb	21-Feb	19-Feb
Easter Sunday			9-Apr	31-Mar	20-Apr	5-Apr	28-Mar	14-Apr	1-Apr

	Week #	# of Wks	Spring 2023	Spring 2024	Spring 2025	Spring 2026	Spring 2027	Spring 2028	Spring 2029
Spring Start Date High School & Modified (Monday)	37	N/A	3/13	3/11	3/17	3/16	3/15	3/13	3/12
Scholar-Athlete Deadline- Spring	47	N/A	5/22	5/20	5/26	5/25	5/24	5/22	5/21
Tennis Singles & Doubles Championships (Boys)	48	12 Wks.	6/1-6/3	5/30-6/1	6/5-6/7	6/4-6/6	6/3-6/5	6/1-6/3	5/31-6/2
Golf Championships (Girls)	48	12 Wks.	6/4-6/5	6/2-6/3	6/8-6/9	6/7-6/8	6/6-6/7	6/4-6/5	6/3-6/4
Boys Golf Championships (Boys)	48	12 Wks.	6/4-6/5	6/2-6/3	6/8-6/9	6/7-6/8	6/6-6/7	6/4-6/5	6/3-6/4
Lacrosse Semifinals (Boys)	29	13 Wks.	6/7	6/5	6/11	6/10	6/9	6/7	6/6
Tennis Team Championships (Boys)	49	13 Wks.	6/9	6/7	6/13	6/12	6/11	6/9	6/8
Lacrosse Championships (Girls)	49	13 Wks.	6/9-6/10	6/7-6/8	6/13-6/14	6/12-6/13	6/11-6/12	6/9-6/10	6/8-6/9
Outdoor Track Championships (Girls/ Boys)	49	13 Wks.	6/9-6/10	6/7-6/8	6/13-6/14	6/12-6/13	6/11-6/12	6/9-6/10	6/8-6/9
Baseball Championships	49	13 Wks.	6/9-6/10	6/7-6/8	6/13-6/14	6/12-6/13	6/11-6/12	6/9-6/10	6/8-6/9
Lacrosse Championships (Boys)	49	13 Wks.	6/10	6/8	6/14	6/13	6/12	6/10	6/9
Softball Championships	49	13 Wks.	6/10	6/8	6/14	6/13	6/12	6/10	6/9
Memorial Day			29-May	27-May	26-May	25-May	31-May	29-May	28-May

# SAT/ ACT Test Dates

- Conflicts with post season events.
- Encourage athletes to take alternate exams!

SAT	ACT
<b>Fall 2022</b>	
August 27	
	Sept 10
Oct 1	Oct 22
Nov 5	
Dec 3	Dec 10
<b>Spring 2023</b>	
	Feb 11
March 11	
	April 15
May 6	
June 3	June 10
	July 15

# Championship Schedules



- It continues to be the practice of the NYSPHSAA not to amend schedules for fairness and equity to all participating teams and students.



# Six Classification Format

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- **2023-2024** school year
- Sports with more than 501 State Championship participating teams:
  - *Girls Volleyball*
  - *Girls & Boys Soccer*
  - *Girls & Boys Basketball*
  - *Baseball*
  - *Softball*
- Format
  - 75 (top)/ 100 (bottom), equally divide the middle
  - October Executive Committee meeting – classifications released

# NFHS Network



- The NFHS Network has exclusivity for all Sectional (*not Section I*), Regional and State Championship events.
- Contract terms and conditions must be followed.
- Pixelot Camera offer
  - Free Camera
  - Free Installation



# NYSPHSAA Strategic Plan

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- Five Years
  - 2023-2028
- 4 Priorities
  - Increase Student Participation
  - Diversity, Equity & Inclusion
  - Officials Recruitment & Retention
  - Long-term Financial Stability



# REGISTRATION/CODE OF CONDUCT

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- All athletic directors MUST register to verify attendance.





# THANK YOU

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